

How can I benefit from Therapyside?

Online Therapy Instructions

2 therapy sessions at no cost

Neuraxpharm is committed to your wellbeing and therefore allies with Therapyside, the leading online psychology platform in Spain, to offer you access to **2 online therapy sessions** with a quality and comfortable service that adapts to the needs of each individual.



Secure and 100% confidential space

Your privacy is the most important aspect. Only you and your therapist will have access to what you share in the sessions, as they are encrypted point-to-point.

No one from your company will have access to your information, preferences or activity on Therapyside on a personal basis.



How to get started step by step

Private access for Neuraxpharm:

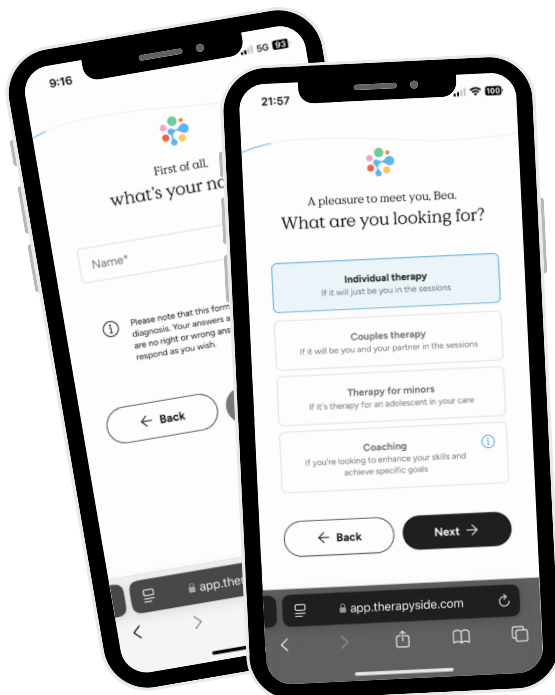
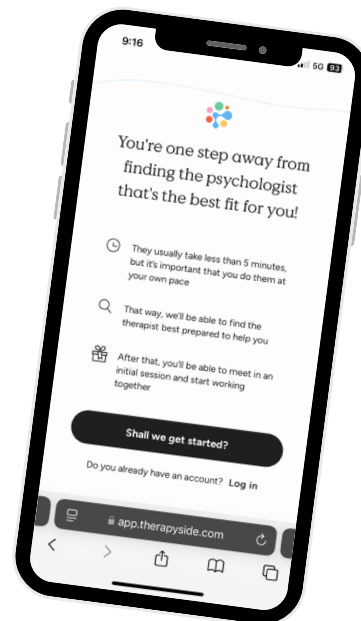
Enter [here](#) through the website. Click on the button "Get Started" and complete the form with your preferences.

01

Your business plan is available in **Spanish, Catalan, Basque and Galician.**

Choose the language you feel most comfortable with, and then click "Get Started."

If you'd like to access the service in English, please contact help@therapyside.com before signing up.



02

Fill out the form with your details and preferences (e.g., availability, reason for consultation).

Your responses are **100% confidential, and your private** information will not be shared with your company. Feel free to answer openly.

How to get started step by step

03

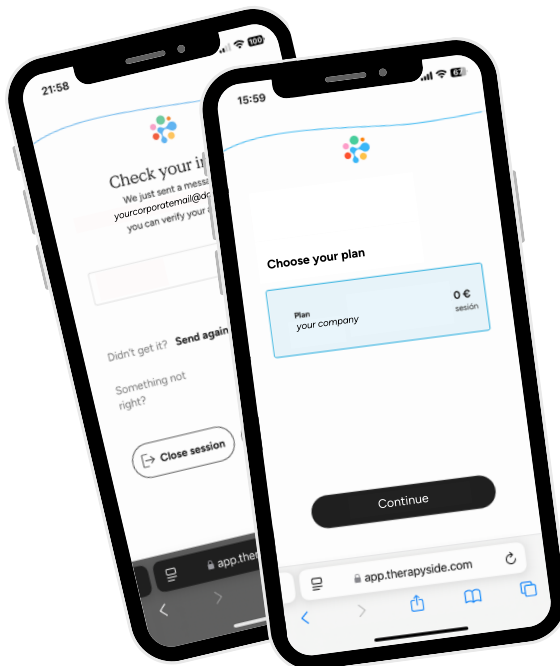
Once the form is complete, register using your **corporate email address** [@neuraxpharm.com] to create an account.



04

Finally, check your inbox and verify your account with the code we send you.

Select your **Neuraxpharm plan**, and you're ready to go!



You are all set!



01. Assignment of a Therapist

We'll assign you the **best-suited professional** based on your preferences.

You can enjoy **your 2 free 50 minutes video sessions** free of charge, along with private chat access to communicate with your therapist anytime.

02. What if I need more sessions?

Once you finish your 2 sessions, you will have access to a flat rate of **42€ per session in Spanish**.

Remember: *If you'd like to access the service in English, please contact help@therapyside.com before signing up*

Important: in order to access to this discount, you will have 3 business days to enter a payment method and enjoy this special plan for Neuraxpharm.

03. Want to help your family and friends take care of their well-being?

Share the code **NXFAMTHERAPY** with them so they can also enjoy the flat rate of 42€ per session.



Before you get started... Remember!

- Sessions are automatically scheduled for consecutive weeks. If you need to space them out, simply request a **PAUSE** from your therapist!
- If you can't attend a session, let your therapist know at least 24 hours in advance to avoid losing it. It's that easy!
- In case of doubt, reach out to Therapyside through this [form](#).



Therapyside makes it easy to access high-quality psychological support through online therapy. With the primary goal of placing mental health at the forefront, it works to bring psychology into people's daily lives and contribute to its destigmatization, helping to break down barriers that hinder access to therapy and serving as a meeting point between psychology professionals and those individuals who want to enhance their emotional well-being.

